CULINARY EDUCATION PROGRAMMES

CHESTER LI / 鲤师傅

Bilingual Culinary Educator

Cooking · Culture · Food Science · Connection

Culinary learning designed for students, families & communities

Shanghai-based culinary educator trained at Le Cordon Bleu Shanghai, with 1,000+ hours of teaching experience across children, adults, international visitors and family-based classes. Chester works across Chinese and Western culinary traditions, turning professional knowledge into practical, engaging experiences.



Hands-on instruction, adaptable to different ages, cultures and learning goals.

KEY STRENGTHS

Chinese + Western
BROAD CULINARY RANGE

Students + Families
SHARED LEARNING FORMATS

Low-Equipment Ready
INDUCTION + COOKWARE

English + Mandarin
BILINGUAL DELIVERY

SELECTED TEACHING EVIDENCE



Le Cordon Bleu Shanghai



International hands-on workshop

Shanghai Li Shifu Culture & Media Co., Ltd.

Culinary education for students, families & communities

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PROGRAMME PATHWAYS

Three programme pathways

Food science, global culinary culture and shared family learning — designed for students

01 KITCHEN LAB

FOOD SCIENCE · SKILLS · PROBLEM SOLVING

AFTER-SCHOOL / ACADEMY

A hands-on programme that helps students understand how and why cooking works through practical investigation and recipe-based experiments.

EXPLORE

Heat · Starch · Eggs · Dough · Sauces · Emulsions · Seasoning · Texture · Fermentation

02 WORLD KITCHEN

COOKING · CULTURE · GLOBAL CONNECTIONS

AFTER-SCHOOL / ACADEMY

A journey through food traditions from China and around the world, exploring how geography, ingredients, history and culture shape the way people cook and eat.

POSSIBLE THEMES

China · Italy · France · Japan · Southeast Asia · Mediterranean · Baking · Noodles & Dumplings

03 THE FAMILY TABLE

COOK · CONNECT · SHARE

WEEKEND / COMMUNITY

A shared cooking experience designed for parents and children, families, couples and community groups — learning together and sharing the finished meal.

POSSIBLE FORMATS

Parent & Child Dumplings · Family Pasta Lab · Weekend Brunch · Shanghai Food Stories · Seasonal Family Cooking

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